



# SMALL GROUPS |

## CURRICULUM

### Five Elements Of A Healthy Small Group:

#### Ice Breaker:

**After groups have settled in, and got their 'snack on', go around the circle and introduce each other:** Name? How many SG you have been apart of? What was the highlight? What are you anticipating this year?

#### Open in Worship and prayer.

**What is the point of Small Group?** To be a part of making quality disciples for Christ, as we strive to fulfill the Great Commission in the spirit of the Great Commandment

#### What 5 elements do you think make up a healthy Small Group?

**\*Note to Leaders:** As you lead this study, you will want to spend no more than 5min on each of the following points (and 15min for point 2). This will allow time at the end to go over the SG Covenant. And enough time during breakout to discuss accountability & Spiritual growth points!

#### 1. A Healthy Small Group Will Discuss God's Word

##### 1. Read 2 Timothy 3:16-17

1. **God's Word is Authoritative** -What difference will this make in SG? I must submit to/obey what it says
2. **God's Word is Effective** -How will this change me? Through its application to my life God changes me
3. **God's Word is Sufficient** -Why is this encouraging? God's Word is able to accomplish the purpose in my life for which it was given.

#### 2. A Healthy Small Group Will Give Genuine Care

##### 1. Read 1 Thessalonians 2:8

**-According to this verse what two things can we share?**

1. **Share the Gospel**- How will we do that in SG amongst each other?
  1. **As leaders have you and your spouse share your testimonies 5min each, explaining there will be opportunity for this throughout the year.** (with time to prepare)
2. **Share Each Other**- How can we enter into each others lives?
  1. Carrying burdens
  2. Counsel (Listen/Gather info, Get to the heart, Eyes on God)

#### 3. A Healthy Small Group Will Have Authentic Accountability

##### 1. Read Ephesians 4:15

1. **How must we speak? What different depths of communication are there within a SG?**

1. Surface -talk about the weather
  2. Personal -share facts about yourself
  3. Transparent -share confidentially, Mutually
- What fears might you have in entering into deep authentic communication?**

#### **4. A Healthy Small Group Will Have Meaningful Prayer**

##### **1. Read Jeremiah 33:3**

**According to this verse what are the signs that a SG firmly believes in the power of prayer?**

1. They Call To Him
2. God Answers
3. They grow in Knowing what they Have Not Know... of God and His Will

#### **5. A Healthy Small Group Will Intentionally Reach Out**

##### **1. Read Ephesians 2:8-10**

- 1. What are we saved by? And What are we saved for?**
- 2. How are you working for Christ in our harvest family?**
- 3. How can we serve together as a SG at least 3x this year?**

In light of the 5 elements of a Healthy SG, take time to **briefly review the SG Covenant**, to be signed then, if they have had a chance to review it, or next week if they need more time.

#### **MEMORY VERSE:**

**Matthew 18:18-20 (ESV)** “And Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”

#### **ACCOUNTABILITY: Men/Women**

- 1. What is the purpose of having an accountability partner? Harvest definition:** Honestly engaging with those who love me, to compel me in keeping my commitment to Christ-likeness.
- 2. What type of a partner should I be looking for?**
- 3. Who has a partner?**
- 4. Who is it?**
- 5. What is the breakHow does that time look?**

\*The goal by the end of February is to have an accountability partner for each member of the SG. This can be within the SG, or outside the group, but must be in the church. Make sure that your group knows that you will bring oversight to this, in an effort to best care for them, therefore they will have a say into who they will be accountable to, but it will be you who helps them discern whether their decision is a good one.

- 6. Go over Spiritual Growth Points (NEXT PAGE) Which ones do you want to see growth in?**

## **SPIRITUAL GROWTH POINTS**

### **1. Spiritual Disciplines—What is an area of spiritual discipline you can focus on for the next 90 days?**

- **Personal Bible Study** - *hunger for God's Word, regular time of reading, studying, and meditating on the Word*
- **Prayer Life** - *a meaningful prayer life including praise, confession, intercession for others, journaling, and listening*
- **Scripture Memory** - *systematically memorizing and reviewing scripture*
- **Giving** - *cheerfully giving a biblical portion to the work of the Lord*
- **Corporate Worship** - *engaging with God through consistent participation in weekend worship services*
- **Accountability** - *relationship for the purpose of transparency and personal growth*
- **Serving** - *actively involved in shouldering weekly kingdom responsibility*
- **Fasting** - *routinely fasting (from food, media, activity) to seek the Lord through prayer and dependence on him*
- **Sabbath** - *rest*

### **2. Character Quality—What character quality do you need God to form in you?**

- **Boldness** - *being bold to share who Jesus is confidently; being gentle, kind, & loving*
- **Compassion** - *empathy on behalf of another's circumstance and acting on behalf*
- **Contentment** - *being at peace; not giving in to anxiety, nor jealousy or envy*
- **Even Tempered** - *not give in to sinful anger and temper*
- **Faith** - *confidence in God and His promises of you regardless of the circumstances*
- **Forgiveness** - *releasing someone of a wrong done to you*
- **Honesty** - *truthful and above reproach in all things; and deceptive not hypocritical*
- **Kindness** - *acting in love and grace by helping others*
- **Patience** - *a spirit of forbearance*
- **Peace** - *sense of fulfillment by being rightly related to God and to others*
- **Purity** - *thinking and acting in godly ways; not giving in to lust and sexual immorality*
- **Self-control** - *bringing thoughts, emotions, and actions under the control of the Holy Spirit rather than flesh*
- **Selfless** - *considering the needs of others above yourself*
- **Truth in Love** - *willingness to speak truth in a spirit of grace; not passive (love without truth), not harsh (truth without love)*
- **Wholesome speech** - *quick to encourage and build others up; not giving in to vulgarity, gossip or slander*

### **3. Relationship—What is a relationship you want to focus on?**

- Friend
- Spouse
- Son
- Daughter
- Parent
- Sibling
- Neighbour
- Co-Worker
- Witness with non-believer