



SMALL GROUPS |

CURRICULUM

SERMON TITLE	DATE
Title: Breaking through My Fear	April 10, 2016

Tools: pen, pencils, your notes from the sermon

Isaiah 41:1-10

Breakthrough Definition: dramatic important change of heart and behaviour that happens upon surrender to Jesus Christ.

Breakthrough is possible only when I understand who God is, and then there is nothing to fear.

- What do you think about that statement?
- Discuss what is unknowable and knowable about God?

Context: Read enough of what comes before and after chapter 41 to discover the context.

(What is going on in the history of Israel? What has Judah done? What is God doing? Why was Judah afraid?)

Fear is dispelled when I remember three realities.

1. God is bigger than my biggest problem. (v.1-4)

Read: John 14:27, Zephaniah 3:17, Proverbs 21:1 and Isaiah 40:12–17, 28–31.

- Write down what they tell you about God.
- Which one of God's character qualities do you rely on when God appears to be doing nothing and not fixing your problem?
- Why did you choose that character quality?
- Does God tell us how He is going to fix the problem? If that is so, are you satisfied to have God only? Why?

2. God is stronger than my strongest idols (v. 5–7.)

Isaiah wrote approximately 150 years before God's judgment on Judah.

- Who or what do you turn to when life is hard?
- Why do you turn to your idols, your own strength, friends, family, things you depend on more than God when afraid?

c. John Calvin said our hearts are idol-making factories! If we all have idols, how do I identify and destroy them in my life?

d. Pastor Kevin gave us three questions to ask.

i. How do I respond when my prayers are not answered and my goals are not met?

ii. What do I spend my money on? How generous am I with what God has given me?

iii. What repeatedly occupies my mind when I have nothing else to think about?

- Ponder these questions for your life. Then read in Colossians (v.3: 1– 5.) Answer how you identify and destroy idols according to this passage?

3. Fear is displaced when I remember God is greater than my greatest fear

(v.8–10.)

Read: 1John 4:18 how would you explain this verse to someone is afraid?

a. What does fear of God mean?

Read Isaiah 41:10 and answer, why God tells us to fear not. Also see Exodus 14:13, 1Samuel 23:17.

b. How do these references help us with our fear?

MEMORY VERSE: Isaiah 4:10

Men/Women Accountability:

1. There are three reasons why we experience fear. 1. Messed up past. 2. Overwhelming present, 3. uncertain future

Where do you fit?

2. Are you prepared to surrender all your idols and cling to Jesus? How can remembering His promises help you do this?

3. Who strengthens us according to v.7 and v.10? What lies about God do you believe that make you afraid?

4. In John 15:6 if we remain in him, will He cast us out?