



# SMALL GROUPS | CURRICULUM

SERMON TITLE	DATE
Title: Made For More: Passionately Pursuing God Through Spiritual Disciplines Psalm 119	September 18, 2016

Tools: pen, pencils, your notes from the sermon

**Background:** Psalm 119 is the longest Psalm and chapter in the Bible. Each eight verse stanza starts with one of the 22 letters of the Hebrew alphabet in order. (8x22=176 verses) Almost every verse, contains two lines which contain 1 of 8 Hebrew words for the “Word of God.” i.e. law, testimony, ways, precepts, statutes, commandments, rules, word. What is the significance of these details?

**Notice:** The Psalmist is struggling with hardship but sees hope in God’s word.

**Read:** 1Corinthians 15:10. What two things are necessary to grow as a disciple of Christ? How can you recognize complacency in your life?

**Discuss:** When have you felt, “there must be more to life than this?” Be assured that you are made for more! If we want more out of life we need to include certain spiritual disciplines into our schedule. The spiritual disciplines are personal and corporate disciplines that promote spiritual growth.

**In Psalm 119 we see 7 reasons why we need the word of God in our life:**

**1. The Word of God will: reveals the path of blessing from God.** Read: v.1-4

- A. If most believers would agree, true happiness is from God, why do we struggle to live like it?
- B. How is God speaking truth into your life? What efforts are you making to know God’s word?

**2. The Word of God will: lead me to obedience to God.** Read: v.9-11

- A. What monitors your life, thoughts and actions?
- B. What causes the psalmist to be thankful?

**3. The Word of God will: provide the comfort of God.** Read: v. 49-52, and Ps. 46: 1, 56:8, Mt5:4.

- A. When have you experienced the greatest comfort in your life? What part did the word play?

**4. The Word of God will: produce the refining of God.** Read: v.65,67-68,71-72

- A. How have you been refined by the Word?
- B. Can you share a time of refining that you can praise God for?

**5. The Word of God will: pour out the wisdom of God.** Read: v 97-104

- A. What do you rely on for wisdom and direction? i.e. feelings, what the world thinks, what others say and do, our heart.
- B. When has God's word given you wisdom you otherwise wouldn't have had?

**6. The Word of God will: grant the guidance of God.** Read: v105

Notice the Word lights the step before us and beyond, so we can see the truth of God through the power of the Holy Spirit.

- A. How can you be certain God's Word is guiding your steps before you and beyond?
- B. What would be red flags in your life to show it may not be God's word guiding you?

**7. The Word of God will: shape my praise of God.** Read: v.169, 171-175

- A. In what ways is the psalmist in need?
- B. What is causing the psalmist to worship despite his circumstances? When has this been true for you?

#### **MEMORY VERSE:**

**Psalm 119:105** "Your word is a lamp to my feet and a light to my path."

#### **Accountability Men/Women:**

How are you going to respond to Psalm 119? Discuss The Following:

1. What is your plan to study the word
2. Are you aware of something you need to do or not do to obey the word?
3. Do you Delight in the word? (Jeremiah 15:16)